6.13.1.1

Summer Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Breakfast Café White or brown toast, breakfast muffins, crumpets or croissants with a variety of spreads, fresh fruits Milk or water to drink				
Snack	A daily choice of snack for example, a selection of fresh fruit or vegetables, toast, crumpets, cheese and crackers, bread sticks or similar with milk or water to drink				
Lunch	Pasta with mascarpone cheese & sun dried tomatoes served with mixed vegetables	Beef burgers with potato wedges and a tomato and cucumber salad	Quiche with new potatoes and salad	Fish fingers, chips and garden peas	Sausage and carrot casserole with mixed veg and mashed potatoes
	A selection of fresh fruit	Sponge cake finger	Flapjack and raisins	Bananas with yogurt	Sponge cake
	Drink – water				
Snack	A daily choice of plain or savoury biscuits, crackers and cheese fresh fruit or vegetables, toasted tea cakes or similar with milk or water to drink				
Теа	Baked beans with wholemeal bread and butter	Pizza slices served with cucumber and cherry tomatoes	Toasted crimpies with a choice of fillings, served with bread sticks and vegetable crudites	Warm pitta bread with houmous, sweet corn and tuna mayonnaise, cubes of cheese & a selection of vegetable crudities	Chinese stir fry
	Drink – milk or water				

6.13.1.1

Summer Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Breakfast Café White or brown toast, breakfast muffins, crumpets or croissants with a variety of spreads, fresh fruits Milk or water to drink				
Snack	A daily choice of snack for example, a selection of fresh fruit or vegetables, toast, crumpets, cheese and crackers, bread sticks or similar with milk or water to drink				
Lunch	Creamy chicken curry with rice and peas, served with warm naan bread	Jacket potatoes with a choice of toppings	Roast gammon with roast potatoes, garden peas & carrots served with parsley sauce	Lentil bolognaise pasta bake served with and mixed vegetables and garlic bread	Bacon and leek risotto served with mixed vegetables and garlic bread
	Sponge cake	A selection of fresh fruit	Banana and ice cream	A selection of fresh fruit	Jelly and ice cream
	Drink – water				
Snack	A daily choice of plain or savoury biscuits, crackers and cheese fresh fruit or vegetables, toasted tea cakes or similar with milk or water to drink				
Теа	Wholemeal sandwiches filled cheese, chicken or tuna mayonnaise with vegetable crudities	A selection of cheeses with savoury crackers, vegetable crudities & wedges of apple	Vegetable egg fried rice	Cheese on marmite toast with cherry tomatoes	Beans with wholemeal bread & butter
	Drink – milk or water				

Summer Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Breakfast Café White or brown toast, breakfast muffins, crumpets or croissants with a variety of spreads, fresh fruits Milk or water to drink				
Snack	A daily choice of snack for example, a selection of fresh fruit or vegetables, toast, crumpets, cheese and crackers, bread sticks or similar with milk or water to drink				
Lunch	Fish cakes served with a tomato and onion sauce and salad	Roast chicken with roast potatoes, mixed vegetables and gravy	Creamy bacon and broccoli pasta bake served with mixed vegetables.	Jacket potatoes with a choice of toppings	Sausage, creamed potatoes and garden peas
	Banana and ice cream	Yoghurts served with dried fruits	A selection of fresh fruit	Sponge cake	Flapjack and raisins
	Drink –water				
Snack	A daily choice of plain or savoury biscuits, crackers and cheese fresh fruit or vegetables, toasted tea cakes or similar with milk or water to drink				
Теа	Pizza slices served with cucumber and cherry tomatoes	Toasted crimpies with a choice of fillings, served with bread sticks and vegetable crudites	Fruit and raw vegetable platter with a selection of sliced cheese and wholemeal bread and butter	A selection of cheeses with savoury crackers, vegetable crudities & wedges of apple	Cheese on marmite toast with cherry tomatoes
	Drink – milk or water				

Summer Week 4	Monday	Tuesday	Wednesday	Thursday	Friday	
Breakfast	Breakfast Café					
Snack	A daily choice of snack for example, a selection of fresh fruit or vegetables, toast, crumpets, cheese and crackers, bread sticks or similar with milk or water to drink					
Lunch	Pasta with sausage & spinach in a creamy tomato sauce served with mixed vegetables	Chicken casserole served with creamed potatoes and mixed vegetables	Meatballs in a tomato an herb sauce served with rice, broccoli and carrots	Tuna macaroni cheese served with mixed vegetable and garlic bread	Crispy coated chicken served with warm tortilla wrap, salad and mayonnaise	
	A selection of fresh fruit	Cheesecake	Yoghurt and banana	A selection of fresh and dried fruit	Bananas with ice cream	
	Drink – water					
Snack	A daily choice of plain or savoury biscuits, crackers and cheese fresh fruit or vegetables, toasted tea cakes or similar with milk or water to drink					
Теа	Warm pitta bread with houmous, sweet corn and tuna mayonnaise, cubes of cheese & a selection of vegetable crudities	Spaghetti with wholemeal bread and butter	Toasted crumpets with a selection of toppings	A selection of cheeses with savoury crackers, vegetable crudities & wedges of apple	Pancakes served with ham, cheese or sweetcorn	
	Drink – milk or water					