| Summer <br> Week 1 | Monday | Tuesday | Wednesday | Thursday | Friday |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Breakfast | Breakfast Café <br> White or brown toast, breakfast muffins, crumpets or croissants with a variety of spreads, fresh fruits Milk or water to drink |  |  |  |  |
| Snack | A daily choice of snack for example, a selection of fresh fruit or vegetables, toast, crumpets, cheese and crackers, bread sticks or similar with milk or water to drink |  |  |  |  |
| Lunch | Pasta with mascarpone cheese \& sun dried tomatoes served with mixed vegetables | Beef burgers with potato wedges and a tomato and cucumber salad | Quiche with new potatoes and salad | Fish fingers, chips and garden peas | Sausage and carrot casserole with mixed veg and mashed potatoes |
|  | A selection of fresh fruit | Sponge cake finger | Flapjack and raisins | Bananas with yogurt | Sponge cake |
|  | Drink - water |  |  |  |  |
| Snack | A daily choice of plain or savoury biscuits, crackers and cheese fresh fruit or vegetables, toasted tea cakes or similar with milk or water to drink |  |  |  |  |
| Tea | Baked beans with wholemeal bread and butter | Pizza slices served with cucumber and cherry tomatoes | Toasted crimpies with a choice of fillings, served with bread sticks and vegetable crudites | Warm pitta bread with houmous, sweet corn and tuna mayonnaise, cubes of cheese \& a selection of vegetable crudities | Chinese stir fry |
|  | Drink - milk or water |  |  |  |  |


| Summer Week 2 | Monday | Tuesday | Wednesday | Thursday | Friday |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Breakfast | Breakfast Café <br> White or brown toast, breakfast muffins, crumpets or croissants with a variety of spreads, fresh fruits Milk or water to drink |  |  |  |  |
| Snack | A daily choice of snack for example, a selection of fresh fruit or vegetables, toast, crumpets, cheese and crackers, bread sticks or similar with milk or water to drink |  |  |  |  |
| Lunch | Creamy chicken curry with rice and peas, served with warm naan bread | Jacket potatoes with a choice of toppings | Roast gammon with roast potatoes, garden peas \& carrots served with parsley sauce | Lentil bolognaise pasta bake served with and mixed vegetables and garlic bread | Bacon and leek risotto served with mixed vegetables and garlic bread |
|  | Sponge cake | A selection of fresh fruit | Banana and ice cream | A selection of fresh fruit | Jelly and ice cream |
|  | Drink - water |  |  |  |  |
| Snack | A daily choice of plain or savoury biscuits, crackers and cheese fresh fruit or vegetables, toasted tea cakes or similar with milk or water to drink |  |  |  |  |
| Tea | Wholemeal sandwiches filled cheese, chicken or tuna mayonnaise with vegetable crudities | A selection of cheeses with savoury crackers, vegetable crudities \& wedges of apple | Vegetable egg fried rice | Cheese on marmite toast with cherry tomatoes | Beans with wholemeal bread \& butter |
|  | Drink - milk or water |  |  |  |  |


| Summer Week 3 | Monday | Tuesday | Wednesday | Thursday | Friday |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Breakfast | Breakfast Café <br> White or brown toast, breakfast muffins, crumpets or croissants with a variety of spreads, fresh fruits Milk or water to drink |  |  |  |  |
| Snack | A daily choice of snack for example, a selection of fresh fruit or vegetables, toast, crumpets, cheese and crackers, bread sticks or similar with milk or water to drink |  |  |  |  |
| Lunch | Fish cakes served with a tomato and onion sauce and salad | Roast chicken with roast potatoes, mixed vegetables and gravy | Creamy bacon and broccoli pasta bake served with mixed vegetables. | Jacket potatoes with a choice of toppings | Sausage, creamed potatoes and garden peas |
|  | Banana and ice cream | Yoghurts served with dried fruits | A selection of fresh fruit | Sponge cake | Flapjack and raisins |
|  | Drink -water |  |  |  |  |
| Snack | A daily choice of plain or savoury biscuits, crackers and cheese fresh fruit or vegetables, toasted tea cakes or similar with milk or water to drink |  |  |  |  |
| Tea | Pizza slices served with cucumber and cherry tomatoes | Toasted crimpies with a choice of fillings, served with bread sticks and vegetable crudites | Fruit and raw vegetable platter with a selection of sliced cheese and wholemeal bread and butter | A selection of cheeses with savoury crackers, vegetable crudities \& wedges of apple | Cheese on marmite toast with cherry tomatoes |
|  | Drink - milk or water |  |  |  |  |


| Summer <br> Week 4 | Monday | Tuesday | Wednesday | Thursday | Friday |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Breakfast | Breakfast Café |  |  |  |  |
| Snack | A daily choice of snack for example, a selection of fresh fruit or vegetables, toast, crumpets, cheese and crackers, bread sticks or similar with milk or water to drink |  |  |  |  |
| Lunch | Pasta with sausage \& spinach in a creamy tomato sauce served with mixed vegetables | Chicken casserole served with creamed potatoes and mixed vegetables | Meatballs in a tomato an herb sauce served with rice, broccoli and carrots | Tuna macaroni cheese served with mixed vegetable and garlic bread | Crispy coated chicken served with warm tortilla wrap, salad and mayonnaise |
|  | A selection of fresh fruit | Cheesecake | Yoghurt and banana | A selection of fresh and dried fruit | Bananas with ice cream |
|  | Drink - water |  |  |  |  |
| Snack | A daily choice of plain or savoury biscuits, crackers and cheese fresh fruit or vegetables, toasted tea cakes or similar with milk or water to drink |  |  |  |  |
| Tea | Warm pitta bread with houmous, sweet corn and tuna mayonnaise, cubes of cheese \& a selection of vegetable crudities | Spaghetti with wholemeal bread and butter | Toasted crumpets with a selection of toppings | A selection of cheeses with savoury crackers, vegetable crudities \& wedges of apple | Pancakes served with ham, cheese or sweetcorn |
|  | Drink - milk or water |  |  |  |  |

